ALABAMA STATE BOARD OF MEDICAL EXAMINERS
Orthopedic Specialty Protocol

<table>
<thead>
<tr>
<th>INCLUDED ANATOMIC SITES</th>
<th>EXCLUDED</th>
<th>Supervised Practice</th>
</tr>
</thead>
</table>
| Acromioclavicular Joint| Bicipital Tendon
Glenohumeral joint aspiration and injection | Initial Approval 10
Annual Maintenance 5 |
| Subacromial Bursa       | As above Bicipital Tendon
Glenohumeral joint aspiration and injection | Initial Approval 10
Annual Maintenance 5 |
| Olecranon Bursa         | Ulnar Collateral Ligament
Biceps Tendon
Biceps Muscle
Annular Ligament of Radius
Muscle and Tendon attachments at the Medial and Lateral Epicondyles | Initial Approval 10
Annual Maintenance 5 |
| Greater Trochanteric Bursa (Includes Iliopsoas Bursa, Gluteous Medius Bursa, and Ischiogluteal Bursa) | Hip Joint | Initial Approval 10
Annual Maintenance 5 |
| Arthrocentesis/Knee Joint | Suprapatellar bursa
Prepatellar bursa
Infrapatellar bursa
Patellar Tendon
Sartorius Tendon
Gracilis Tendon
Semitendinosus Tendon | Initial Approval 10
Annual Maintenance 5 |
| Pes Anserine Bursa      | Suprapatellar bursa
Prepatellar bursa
Infrapatellar bursa
Patellar Tendon
Sartorius Tendon
Gracilis Tendon
Semitendinosus Tendon | Initial Approval 10
Annual Maintenance 5 |

**EXCLUDED** **No injections of tendons, ligaments, or muscle groups**

<table>
<thead>
<tr>
<th>Anatomic Site</th>
<th>Notes</th>
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</thead>
<tbody>
<tr>
<td>Sacroiliac Joint</td>
<td>NP must go before ABN to determine scope of practice</td>
</tr>
<tr>
<td>Wrist/Hand</td>
<td>PAs/NPs are not authorized to perform injections in the wrist or hand</td>
</tr>
<tr>
<td>Ankle</td>
<td>PAs/NPs are not authorized to perform injections in the ankle</td>
</tr>
<tr>
<td>Foot</td>
<td>PAs/NPs are not authorized to perform injections in the foot</td>
</tr>
</tbody>
</table>

“Allowed to perform injections to sites named in the Orthopedic Approval Table with Board approved documentation of supervised practice completed under direct physician supervision. Total of ten (10) supervised injections for each site to be considered for approval and must be submitted within one year of approval to train. Five (5) injections for each site approved should be documented for annual maintenance of certification and this documentation may be kept at your practice location and available if asked to produce it. Mid-Levels may request approval to perform Orthopedic injections at remote site locations after documentation of supervised practice has been approved by the Board”.

Revised 6/25/2021