


# Prescribing and Pharmacology of Controlled Substances: Current Issues and Strategies for Successful Patient Care

August 1-3, 2025

Presented by the Alabama Board of Medical Examiners

## AGENDA

### Friday, August 1, 2025

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| 12:45 p.m. – 1:05 p.m. | <b>Registration</b> (Lunch on your own)   |
| 1:05 p.m. – 1:15 p.m.  | <b>Welcome and Announcements</b>  |
| 1:15 p.m. – 2:00 p.m.  | <b>Gas Station Pharmacology</b><br>J. Luke Engeriser, MD   Deputy Chief Medical Officer, AltaPointe Health Systems, Mobile  |
| 2:00 p.m. – 2:45 p.m.  | <b>Basics of Controlled Substances: Utilizing the PDMP as a Monitoring Tool</b><br>Scott Harris, MD   State Health Officer   Alabama Department of Public Health<br>Nancy Bishop, RPh   State Pharmacy Director   Alabama Department of Public Health |
| 2:45 p.m. – 3:00 p.m.  | <b>Break</b> (Registered attendees only)  |
| 3:00 p.m. – 4:00 p.m.  | <b>Prescribing Controlled Substances: A DEA Perspective</b><br>Clay Morris   Chief of Police in Pell City, Retired DEA Supervisory Special Agent Sean Stephen   Assistant Chief of Police, Pell City, AL; Retired DEA Supervisory Special Agent       |
| 4:00 p.m. – 4:45 p.m.  | <b>Prescribing Controlled Substances by Telehealth</b><br>Effie M. Hawthorne, JD   Associate General Counsel, Alabama Board of Medical Examiners  |
| 4:45 p.m. – 5:30 p.m.  |  <b>Testosterone: Prescribing Issues</b><br>George T. Koulouanos, MD   Founder & Medical Director of The Center for Reproductive Medicine, Mobile, AL   ALBME*     |

### Saturday, August 2, 2025

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| 7:00 a.m. – 7:30 a.m. | <b>Registration and Breakfast</b> (Registered attendees only)   |
| 7:30 a.m. – 7:45 a.m. | <b>Welcome and Announcements</b>  |
| 7:45 a.m. – 8:45 a.m. | <b>Addiction and Substance Use Disorder Issues</b><br>Theodore V. Parran, Jr., MD   Vice Dean Medical Education, Case Western Reserve University, Cleveland, Ohio |

8:45 a.m. – 9:45 a.m.	<b>Buprenorphine: Managing Opioid Use Disorder</b> J. Luke Engeriser, MD   Deputy Chief Medical Officer, AltaPointe Health Systems, Mobile
9:45 a.m. – 10:00 a.m.	<b>Break</b> (Registered attendees only)
10:00 a.m. – 11:00 a.m.	<b>Psychostimulant and Benzodiazepine Prescribing</b> Theodore V. Parran, Jr., MD   Vice Dean Medical Education, Case Western Reserve University, Cleveland, Ohio
11:00 a.m. – 12:00 p.m.	<b>Prescribing Dilemmas Part I: Case Studies from the Alabama Board of Medical Examiners</b> Gregory W. Ayers, MD   Birmingham Hospitalists PC, Birmingham   ALBME* J. Matthew Hart, JD   Special Counsel to the Executive Director, Alabama Board of Medical Examiners David Thrasher, MD   Pulmonary and Critical Care, Montgomery   ALBME*

## Sunday, August 3, 2025

7:00 a.m. – 7:30 a.m.	<b>Registration and Breakfast</b> (Registered attendees only)
7:30 a.m. – 7:45 a.m.	<b>Welcome and Announcements</b>
7:45 a.m. – 9:00 a.m.	<b>Controlled Prescribing in Collaborative/Supervisory Relationships: Roles and Responsibilities</b> Suzanne Powell, RN   Collaborative Practice Nurse Consultant   Alabama Board of Medical Examiners
9:00 a.m. – 10:00 a.m.	<b>Controlled Substance Issues in Palliative Medicine and Geriatrics</b> Gregory W. Ayers, MD   Birmingham Hospitalists PC, Birmingham   ALBME*
10:00 a.m. – 10:15 a.m.	<b>Break</b> (Registered attendees only)
10:15 a.m. – 11:00 a.m.	 <b>An Advanced Practice Provider's Perspective on Prescribing in A Collaborative/Supervisory Practice</b> Adam Kinsaul, DNP, ACNP-BC-RNFA
11:00 a.m. – 12:00 p.m.	<b>Prescribing Dilemmas Part II: Case Studies from the Alabama Board of Medical Examiners</b> Gregory W. Ayers, MD   Birmingham Hospitalists PC, Birmingham   ALBME* Effie M. Hawthorne, JD   Associate General Counsel, Alabama Board of Medical Examiners David Thrasher, MD   Pulmonary and Critical Care, Montgomery   ALBME*

**Agenda subject to change**  
**\*Alabama Board of Medical Examiners**

**Holders of an ACSC:** Any two hours of the 12-hour Prescribing course meets the ALBME CME rule requiring holders of an ACSC to have, every two years, 2 *AMA PRA Category 1 Credits™* of prescribing controlled substances.

**Holders of a QACSC:** The 12-hour Prescribing course is required for PAs, CRNPs and CNMs to obtain a QACSC. To renew a QACSC, PAs, CRNPs and CNMs must attend four hours of the twelve-hour Prescribing course, or any other Board-approved prescribing controlled substances course, every two years, listed at [www.albme.gov/uploads/pdfs/ApprovedCMECourses.pdf](http://www.albme.gov/uploads/pdfs/ApprovedCMECourses.pdf).