



Prescribing and Pharmacology of Controlled Substances: Current Issues and Strategies for Successful Patient Care

March 7-8, 2026

Presented by the Alabama Board of Medical Examiners

AGENDA

Saturday, March 7, 2026

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| 7:00 a.m. – 7:30 a.m. | Registration and Breakfast (Registered attendees only) |
| 7:30 a.m. – 7:45 a.m. | Welcome and Announcements |
| 7:45 a.m. – 8:30 a.m. | Addiction and Substance Use Disorder Issues
Theodore V. Parran, Jr., MD Vice Dean Medical Education
Case Western Reserve University, Cleveland, Ohio |
| 8:30 a.m. – 9:00 a.m. | Prescribing Controlled Substances by Telehealth
Effie M. Hawthorne, JD Associate General Counsel ALBME* |
| 9:00 a.m. – 10:00 a.m. | Controlled Substance Prescribing in Collaborative/Supervisory Relationships:
Roles and Responsibilities
Suzanne Powell, RN Director of Advanced Practice Providers ALBME* |
| 10:00 a.m. – 10:15 a.m. | Break (Registered attendees only) |
| 10:15 a.m. – 11:15 a.m. | Psychostimulant and Benzodiazepine Prescribing
Theodore V. Parran, Jr., MD Vice Dean Medical Education
Case Western Reserve University, Cleveland, Ohio |
| 11:15 a.m. – 12:15 p.m. | Gas Station Pharmacology
J. Luke Engeriser, MD Deputy Chief Medical Officer AltaPointe Health
Systems, Mobile |
| 12:15 p.m. – 1:00 p.m. | Lunch (Registered attendees only) |
| 1:00 p.m. – 2:00 p.m. | Controlled Substance Issues in Palliative Medicine and Geriatrics
Gregory W. Ayers, MD Birmingham Hospitalists, PC ALBME* |
| 2:00 p.m. – 3:00 p.m. | Buprenorphine: Managing Opioid Use Disorder
J. Luke Engeriser, MD Deputy Chief Medical Officer AltaPointe Health
Systems, Mobile |
| 3:00 p.m. – 3:15 p.m. | Break (Registered attendees only) |

3:15 p.m. – 4:00 p.m.



Ketamine: What You Need to Know

Gregory W. Ayers, MD | Birmingham Hospitalists, PC | ALBME*
J. Luke Engeriser, MD | Deputy Chief Medical Officer | AltaPointe Health Systems, Mobile

4:00 p.m. – 5:00 p.m.

Prescribing Dilemmas: Case Studies from the Alabama Board of Medical Examiners

Gregory W. Ayers, MD | Birmingham Hospitalists, PC | ALBME*
Effie M. Hawthorne, JD | Associate General Counsel | ALBME*
Suzanne Powell, RN | Director of Advanced Practice Providers | ALBME*
Jane Weida, MD | Professor, College of Community Health Sciences | ALBME*

Sunday, March 8, 2026

7:00 a.m. – 7:30 a.m.

Registration and Breakfast (Registered attendees only)

7:30 a.m. – 7:45 a.m.

Welcome and Announcements

7:45 a.m. – 9:00 a.m.

An Advanced Practic Provider's Perspective on Prescribing in a Collaborative/ Supervisory Practice

Adam Kinsaul, DNP | Acute Care Nurse Practitioner | Precision Southern Orthopedics

9:00 a.m. – 9:45 a.m.



PDMP in Practice: A Clinical Tool for Safer Prescribing

Rachel Kiefer, PharmD | Assistance State Pharmacist | Alabama Department of Public Health

9:45 a.m. – 10:00 a.m.

Break (Registered attendees only)

10:00 a.m. – 11:00 a.m.

Testosterone: Prescribing Issues

William J. Terry, Jr., MD | Partner | Urology Associates of Mobile

11:00 a.m. – 12:00 p.m.



Controlled Substance Prescribing: An Investigator's Perspective

Edwin Rogers | Chief Investigator | ALBME*
Bob Steelman | Deputy Chief Investigator | ALBME*

***Alabama Board of Medical Examiners
Agenda subject to change.**

Holders of an ACSC: Any two hours of the 12-hour Prescribing course meets the ALBME CME rule requiring holders of an ACSC to have, every two years, 2 *AMA PRA Category 1 Credits*[™] of prescribing controlled substances.

Holders of a QACSC: The 12-hour Prescribing course is required for PAs, CRNPs and CNMs to obtain a QACSC. To renew a QACSC, PAs, CRNPs and CNMs must attend four hours of the twelve-hour Prescribing course, or any other Board-approved prescribing controlled substances course, every two years, listed at www.albme.gov/uploads/pdfs/ApprovedCMECourses.pdf.