



# Prescribing and Pharmacology of Controlled Substances: Current Issues and Strategies for Successful Patient Care

## March 7-8, 2026

Presented by the Alabama Board of Medical Examiners

## AGENDA

### Saturday, March 7, 2026

7:00 a.m. – 7:30 a.m.	<b>Registration and Breakfast</b> (Registered attendees only)
7:30 a.m. – 7:45 a.m.	<b>Welcome and Announcements</b>
7:45 a.m. – 8:45 a.m.	<b>Addiction and Substance Use Disorder Issues</b> Theodore V. Parran, Jr., MD   Vice Dean Medical Education   Case Western Reserve University, Cleveland, Ohio
8:45 a.m. – 9:30 a.m.	<b>Prescribing Controlled Substances by Telehealth</b> Effie M. Hawthorne, JD   Associate General Counsel   ALBME*
9:00 a.m. – 10:00 a.m.	<b>Controlled Substance Prescribing in Collaborative/Supervisory Relationships: Roles and Responsibilities</b> Suzanne Powell, RN   Director of Advanced Practice Providers   ALBME*
10:00 a.m. – 10:15 a.m.	<b>Break</b> (Registered attendees only)
10:15 a.m. – 11:15 a.m.	<b>Psychostimulant and Benzodiazepine Prescribing</b> Theodore V. Parran, Jr., MD   Vice Dean Medical Education   Case Western Reserve University, Cleveland, Ohio
11:15 a.m. – 12:15 p.m.	<b>Gas Station Pharmacology</b> J. Luke Engeriser, MD   Deputy Chief Medical Officer   AltaPointe Health Systems, Mobile
12:15 p.m. – 1:00 p.m.	<b>Lunch</b> (Registered attendees only)
1:00 p.m. – 2:00 p.m.	<b>Controlled Substance Issues in Palliative Medicine and Geriatrics</b> Gregory W. Ayers, MD   Birmingham Hospitalists, PC   ALBME*
2:00 p.m. – 3:00 p.m.	<b>Buprenorphine: Managing Opioid Use Disorder</b> J. Luke Engeriser, MD   Deputy Chief Medical Officer   AltaPointe Health Systems, Mobile
3:00 p.m. – 3:15 p.m.	<b>Break</b> (Registered attendees only)

3:15 p.m. – 4:00 p.m.



### Ketamine: What You Need to Know

Gregory W. Ayers, MD | Birmingham Hospitalists, PC | ALBME\*  
J. Luke Engeriser, MD | Deputy Chief Medical Officer | AltaPointe Health Systems, Mobile

4:00 p.m. – 5:00 p.m.

### Prescribing Dilemmas: Case Studies from the Alabama Board of Medical Examiners

Gregory W. Ayers, MD | Birmingham Hospitalists, PC | ALBME\*  
Effie M. Hawthorne, JD | Associate General Counsel | ALBME\*  
Suzanne Powell, RN | Director of Advanced Practice Providers | ALBME\*  
Jane Weida, MD | Professor, College of Community Health Sciences | ALBME\*

## Sunday, March 8, 2026

7:00 a.m. – 7:30 a.m.

### Registration and Breakfast (Registered attendees only)

7:30 a.m. – 7:45 a.m.

### Welcome and Announcements

7:45 a.m. – 8:45 a.m.

### Prescribing Controlled Substances: A DEA Perspective

Clay Morris | Chief of Police, Hoover Police Department | Retired DEA Supervisory Special Agent  
Sean Stephen | Executive Officer, Hoover Police Department | Retired DEA Supervisory Special Agent

8:45 a.m. – 9:45 a.m.

### An Advanced Practice Provider's Perspective on Prescribing in a Collaborative/Supervisory Practice

Adam Kinsaul, DNP | Acute Care Nurse Practitioner | Precision Southern Orthopedics

9:45 a.m. – 10:00 a.m.

### Break (Registered attendees only)

10:00 a.m. – 10:30 a.m.



### PDMP in Practice: A Clinical Tool for Safer Prescribing

Rachel Kiefer, PharmD | Assistant State Pharmacist | Alabama Department of Public Health

10:30 a.m. – 11:15 a.m.

### Testosterone: Prescribing Issues

George T. Koulianios, MD | Founder & Medical Director | The Center for Reproductive Medicine, Mobile

11:15 a.m. – 12:00 p.m.



### Controlled Substance Prescribing: An Investigator's Perspective

Edwin Rogers | Chief Investigator | ALBME\*  
Bob Steelman | Deputy Chief Investigator | ALBME\*

**\*Alabama Board of Medical Examiners  
Agenda subject to change.**

**Holders of an ACSC:** Any two hours of the 12-hour Prescribing course meets the ALBME CME rule requiring holders of an ACSC to have, every two years, 2 AMA PRA Category 1 Credits™ of prescribing controlled substances.

**Holders of a QACSC:** The 12-hour Prescribing course is required for PAs, CRNPs and CNMs to obtain a QACSC. To renew a QACSC, PAs, CRNPs and CNMs must attend four hours of the twelve-hour Prescribing course, or any other Board-approved prescribing controlled substances course, every two years, listed at [www.albme.gov/uploads/pdfs/ApprovedCMECourses.pdf](http://www.albme.gov/uploads/pdfs/ApprovedCMECourses.pdf).