



Prescribing and Pharmacology of Controlled Substances: Current Issues and Strategies for Successful Patient Care

March 7-8, 2026

Presented by the Alabama Board of Medical Examiners

AGENDA

Saturday, March 7, 2026

7:00 a.m. – 7:30 a.m.	Registration and Breakfast (Registered attendees only)
7:30 a.m. – 7:45 a.m.	Welcome and Announcements
7:45 a.m. – 8:45 a.m.	Addiction and Substance Use Disorder Issues Theodore V. Parran, Jr., MD Vice Dean Medical Education Case Western Reserve University, Cleveland, Ohio
8:45 a.m. – 9:30 a.m.	Prescribing Controlled Substances by Telehealth Effie M. Hawthorne, JD Associate General Counsel ALBME*
9:00 a.m. – 10:00 a.m.	Controlled Substance Prescribing in Collaborative/Supervisory Relationships: Roles and Responsibilities Suzanne Powell, RN Director of Advanced Practice Providers ALBME*
10:00 a.m. – 10:15 a.m.	Break (Registered attendees only)
10:15 a.m. – 11:15 a.m.	Psychostimulant and Benzodiazepine Prescribing Theodore V. Parran, Jr., MD Vice Dean Medical Education Case Western Reserve University, Cleveland, Ohio
11:15 a.m. – 12:15 p.m.	Gas Station Pharmacology J. Luke Engeriser, MD Deputy Chief Medical Officer AltaPointe Health Systems, Mobile
12:15 p.m. – 1:00 p.m.	Lunch (Registered attendees only)
1:00 p.m. – 2:00 p.m.	Controlled Substance Issues in Palliative Medicine and Geriatrics Gregory W. Ayers, MD Birmingham Hospitalists, PC ALBME*
2:00 p.m. – 3:00 p.m.	Buprenorphine: Managing Opioid Use Disorder J. Luke Engeriser, MD Deputy Chief Medical Officer AltaPointe Health Systems, Mobile
3:00 p.m. – 3:15 p.m.	Break (Registered attendees only)

3:15 p.m. – 4:00 p.m.



Ketamine: What You Need to Know

Gregory W. Ayers, MD | Birmingham Hospitalists, PC | ALBME*
J. Luke Engeriser, MD | Deputy Chief Medical Officer | AltaPointe Health Systems, Mobile

4:00 p.m. – 5:00 p.m.

Prescribing Dilemmas: Case Studies from the Alabama Board of Medical Examiners

Gregory W. Ayers, MD | Birmingham Hospitalists, PC | ALBME*
Effie M. Hawthorne, JD | Associate General Counsel | ALBME*
Suzanne Powell, RN | Director of Advanced Practice Providers | ALBME*
Jane Weida, MD | Professor, College of Community Health Sciences | ALBME*

Sunday, March 8, 2026

7:00 a.m. – 7:30 a.m.

Registration and Breakfast (Registered attendees only)

7:30 a.m. – 7:45 a.m.

Welcome and Announcements

7:45 a.m. – 8:45 a.m.

Prescribing Controlled Substances: A DEA Perspective

Clay Morris | Chief of Police, Hoover Police Department | Retired DEA Supervisory Special Agent
Sean Stephen | Executive Officer, Hoover Police Department | Retired DEA Supervisory Special Agent

8:45 a.m. – 9:45 a.m.

An Advanced Practice Provider's Perspective on Prescribing in a Collaborative/Supervisory Practice

Adam Kinsaul, DNP | Acute Care Nurse Practitioner | Precision Southern Orthopedics

9:45 a.m. – 10:00 a.m.

Break (Registered attendees only)

10:00 a.m. – 10:30 a.m.



PDMP in Practice: A Clinical Tool for Safer Prescribing

Rachel Kiefer, PharmD | Assistant State Pharmacist | Alabama Department of Public Health

10:30 a.m. – 11:15 a.m.

Testosterone: Prescribing Issues

William J. Terry, Jr., MD | Partner | Urology Associates of Mobile

11:15 a.m. – 12:00 p.m.



Controlled Substance Prescribing: An Investigator's Perspective

Edwin Rogers | Chief Investigator | ALBME*
Bob Steelman | Deputy Chief Investigator | ALBME*

***Alabama Board of Medical Examiners
Agenda subject to change.**

Holders of an ACSC: Any two hours of the 12-hour Prescribing course meets the ALBME CME rule requiring holders of an ACSC to have, every two years, 2 AMA PRA Category 1 Credits™ of prescribing controlled substances.

Holders of a QACSC: The 12-hour Prescribing course is required for PAs, CRNPs and CNMs to obtain a QACSC. To renew a QACSC, PAs, CRNPs and CNMs must attend four hours of the twelve-hour Prescribing course, or any other Board-approved prescribing controlled substances course, every two years, listed at www.albme.gov/uploads/pdfs/ApprovedCMECourses.pdf.