



# Prescribing and Pharmacology of Controlled Substances: Current Issues and Strategies for Successful Patient Care


## November 22-23, 2025

Presented by the Alabama Board of Medical Examiners

## AGENDA

### Saturday, November 22, 2025

7:00 a.m. – 7:30 a.m.	<b>Registration and Breakfast</b> (Registered attendees only)
7:30 a.m. – 7:45 a.m.	<b>Welcome and Announcements</b>
7:45 a.m. – 8:45 a.m.	<b>Addiction and Substance Use Disorder Issues</b> Theodore V. Parran, Jr., MD   Vice Dean Medical Education, Case Western Reserve University, Cleveland, Ohio
8:45 a.m. – 9:30 a.m.	<b>Prescribing Controlled Substances by Telehealth</b> Effie M. Hawthorne, JD   Associate General Counsel, ALBME*
9:30 a.m. – 9:45 a.m.	<b>Break</b> (Registered Attendees only)
9:45 a.m. - 10:45 a.m.	<b>Psychostimulant and Benzodiazepine Prescribing</b> Theodore V. Parran, Jr., MD   Vice Dean Medical Education, Case Western Reserve University, Cleveland, Ohio
10:45 a.m. – 11:30 a.m.	<b>Gas Station Pharmacology</b> J. Luke Engeriser, MD   Deputy Chief Medical Officer, AltaPointe Health Systems, Mobile
11:30 a.m. – 12:15 p.m.	<b>Basics of Controlled Substances: Utilizing the PDMP as a Monitoring Tool</b> Scott Harris, MD,   State Health Officer, Alabama Department of Public Health Nancy Bishop, RPh   State Pharmacy Director, Alabama Department of Public Health
12:15 p.m. – 1:00 p.m.	<b>Lunch</b> (Registered Attendees only)
1:00 p.m. – 2:00 p.m.	<b>Buprenorphine: Managing Opioid Use Disorder</b> J. Luke Engeriser, MD   Deputy Chief Medical Officer, AltaPointe Health Systems, Mobile
2:00 p.m. – 3:00 p.m.	<b>Prescribing Controlled Substances: A DEA Perspective</b> Clay Morris   Chief of Police in Pell City, Retired DEA Supervisory Special Agent Sean Stephen   Assistant Chief of Police, Pell City, AL; Retired DEA Supervisory Special Agent

3:00 p.m. – 3:15 p.m.	<b>Break</b> (Registered Attendees only)
3:15 p.m. – 4:00 p.m.	 <b>Testosterone: Prescribing Issues</b> George T. Koulianos, MD   Founder & Medical Director of The Center for Reproductive Medicine, Mobile, AL   ALBME*
4:00 p.m. – 5:00 p.m.	<b>Prescribing Dilemmas Part I: Case Studies from the Alabama Board of Medical Examiners</b> Gregory W. Ayers, MD   Birmingham Hospitalists PC, Birmingham   ALBME* Tonya Bradley, MD   Auburn Pediatric and Adult Medicine   ALBME* Effie M. Hawthorne, JD   Associate General Counsel, ALBME* Edwin Rogers   Chief Investigator, ALBME* David Thrasher, MD   Pulmonary and Critical Care, Montgomery   ALBME*

## Sunday, November 23, 2025

7:00 a.m. – 7:30 a.m.	<b>Registration and Breakfast</b> (Registered attendees only)
7:30 a.m. – 7:45 a.m.	<b>Welcome and Announcements</b>
7:45 a.m. – 9:00 a.m.	<b>Controlled Substance Prescribing in Collaborative/Supervisory Relationships: Roles and Responsibilities</b> Suzanne Powell, RN   Director of Advanced Practice Providers   ALBME*
9:00 a.m. – 10:00 a.m.	<b>Controlled Substance Issues in Palliative Medicine and Geriatrics</b> Gregory W. Ayers, MD   Birmingham Hospitalists PC, Birmingham   ALBME*
10:00 a.m. – 10:15 a.m.	<b>Break</b> (Registered Attendees only)
10:15 a.m. – 11:00 a.m.	 <b>An Advanced Practice Provider's Perspective on Prescribing in A Collaborative/Supervisory Practice</b> Adam Kinsaul, DNP   Acute Care Nurse Practitioner, Precision Southern Orthopedics
11:00 a.m. – 12:00 p.m.	<b>Prescribing Dilemmas Part II: Case Studies from the Alabama Board of Medical Examiners</b> Gregory W. Ayers, MD   Birmingham Hospitalists PC, Birmingham   ALBME* Adam Harrison, DO   Cullman Internal Medicine   ALBME* Effie M. Hawthorne, JD   Associate General Counsel, ALBME* Suzanne Powell, RN   Director of Advanced Practice Providers   ALBME* David Thrasher, MD   Pulmonary and Critical Care, Montgomery   ALBME*

**\*Alabama Board of Medical Examiners  
Agenda subject to change.**

**Holders of an ACSC:** Any two hours of the 12-hour Prescribing course meets the ALBME CME rule requiring holders of an ACSC to have, every two years, 2 AMA PRA Category 1 Credits™ of prescribing controlled substances.

**Holders of a QACSC:** The 12-hour Prescribing course is required for PAs, CRNPs and CNMs to obtain a QACSC. To renew a QACSC, PAs, CRNPs and CNMs must attend four hours of the twelve-hour Prescribing course, or any other Board-approved prescribing controlled substances course, every two years, listed at [www.albme.gov/uploads/pdfs/ApprovedCMECourses.pdf](http://www.albme.gov/uploads/pdfs/ApprovedCMECourses.pdf).