

Alabama State Board of Medical Examiners

Physician Assistant's Advisory Committee Meeting

Minutes

April 7, 2026

I. Call to Order

Dr. Gregory Ayers called to order the regular meeting of the Physician Assistant Advisory Committee at 4:01 p.m. on April 7, 2026, at the office of the Alabama Board of Medical Examiners in Birmingham, Alabama.

II. Roll Call

The following Advisory Committee members were present: Sharon Pelekanos, PA, Bellamy Davis, PA, Lauren Worley, PA, Bonnie Minton, PA (Virtual), Joshua Smith, MD, Ronald Roan, MD, and Gregory Ayers, MD

Jay Suggs, MD entered the meeting at 4:25 pm.

The following staff members were present: Suzanne Powell, Jaime Friday, Sandi Kirkland, Tonya Vice, Leslie Roberts, Alicia Harrison, Wilson Hunter, Winston Jordan, Matt Hart (Virtual), Hannah Paulk (Virtual), Shemika Whetstone (Virtual), and Amy Dorminey (Virtual)

The following public guests were present: Eileen Meyer, CRNP, Christie Mumford, RN, Heather Neighbors, PA, William Blythe, MD (Virtual), Natalie Baker, CRNP, and Laura Hart, CRNP.

III. Committee Minutes

Dr. Smith motioned to approve the minutes from the Tuesday, January 13, 2026, meeting. Sharon Pelekanos, PA seconded the motion. Sharon Pelekanos, PA, Bellamy Davis, PA, Bonnie Minton, PA, Lauren Worley, PA, Joshua Smith, MD, Ronald Roan, MD, and Gregory Ayers, MD, voted in favor of the motion.

IV. Old Business

a. Updates to PA Regulatory Code (ASPA)-

Previously, at its January 2026 meeting, the PA Advisory Committee considered a request by ASPA to allow PA scope of practice to be determined at the practice level through a written, board-approved physician-PA delegation agreement or job description. This document would define authorized clinical services, procedures, prescriptive

authority, and supervision expectations based on the PA's education, training, and demonstrated competency.

The PA Advisory Committee recommended receiving the proposal as information, noting that it would remain an ongoing agenda item.

Following discussion of current staff processes, it was determined that permitting staff-level approval of standardized, in-protocol registration agreements—rather than individually developed agreements between physicians and physician assistants—represents the most appropriate approach at this time. The PA Advisory Committee would be required to submit a formal request to the Board of Medical Examiners for consideration of authorizing staff-level approval of such in-protocol registration agreements.

Sharon Pelekanos, PA motioned to make a formal request to the Board of Medical Examiners to develop a process by which in-protocol registrations could be approved at staff level. Bonnie Minton, PA seconded the motion. Sharon Pelekanos, PA, Bellamy Davis, PA, Bonnie Minton, PA, Lauren Worley, PA, Joshua Smith, MD, Ronald Roan, MD, and Gregory Ayers, MD, voted in favor of the motion.

V. New Business

a. Cosmetic Botulinum Toxin Injection Protocol for Advanced Practice Providers-

The Board previously approved the Cosmetic Botulinum Toxin protocol in February 2025, with Joint Committee and ABN approval following in spring 2025. Later that year, the Joint Committee reaffirmed the protocol but identified key items for reconsideration, including physician presence and procedural requirements.

In February 2026, the Alabama Society of Dermatology Professionals requested several changes, including removing the on-site physician requirement and increasing dosing limits. In response, ABN and ABME staff convened a workgroup and participated in a multi-stakeholder discussion on March 2, 2026.

Proposed revisions include increasing dosing limits, clarifying training requirements, requiring physician approval for purchasing, and maintaining injections within FDA-approved areas.

The Committee recommended the protocol be Received as Information.

b. Otolaryngology Specialty Protocol-

The Otolaryngology Specialty Protocol was last revised in 2018, requiring observation of 150 procedures per procedure requested and 25 procedures annually for maintenance.

At its February 2026 meeting, the CRNP Advisory Council proposed revisions to align with other specialty protocols. These included reducing the observation

requirement from 150 to 50 procedures and annual maintenance from 25 to 15, along with adding standardized scope of practice and quality assurance language. The ABN approved the revised protocol at their March Board meeting. To maintain consistency, the proposed protocol at the BME was revised for all APPs.

Staff of the BME subsequently received an additional request from a group of ENTs to reduce the required practice experience from six months to three months while maintaining the observation requirement at 150 procedures. The PA Advisory Committee recommended approval of the revised request, including reducing the practice experience to three months, permitting observation to begin on the first day of employment, maintaining the observation requirement at 150 procedures (as requested rather than the proposed 50), and adopting the proposed annual maintenance requirement of 15 procedures in place of the current 25.

Ronald Roan, MD motioned to approve and Lauren Worley, PA, seconded the motion. Sharon Pelekanos, PA, Bellamy Davis, PA, Bonnie Minton, PA, Lauren Worley, PA, Joshua Smith, MD, Ronald Roan, MD, and Gregory Ayers, MD, voted in favor of the motion.

c. Request for Guidance- Delegation of Medication and Vaccine Administration-

A physician assistant requested guidance regarding the permissibility of delegating the administration of legend medications and/or vaccines to a medical assistant in a clinical setting where the supervising physician is not physically present. Specifically, the inquiry addressed whether, under Alabama law and applicable rules, a physician assistant may delegate such administration to an unlicensed medical assistant, and whether such delegation is permissible in the absence of the supervising physician onsite, provided the physician remains available for consultation.

BME legal counsel advised that, as physician assistants are authorized to order and administer legend drugs and vaccines, they may delegate the administration of such medications to a medical assistant. Physical presence of the supervising physician is not required.

The Committee recommended the request for guidance be Received as Information.

Adjournment

Dr. Gregory Ayers adjourned the meeting at 4:30 p.m.

Minutes recorded by Jaime Friday

Minutes submitted by: Suzanne Powell

Minutes approved by:

Dr. Gregory Ayers

A handwritten signature in blue ink, appearing to read 'Gregory Ayers', is written over a horizontal line.

-Gregory Ayers, MD